

Relationship and Sex Education Year 7

Subjects that will be studied in year 7



Relationships

- Influencing friends both positively and negatively.
- Friendship and love.

Puberty

- Physical, emotional and social development.
- Personal hygiene.

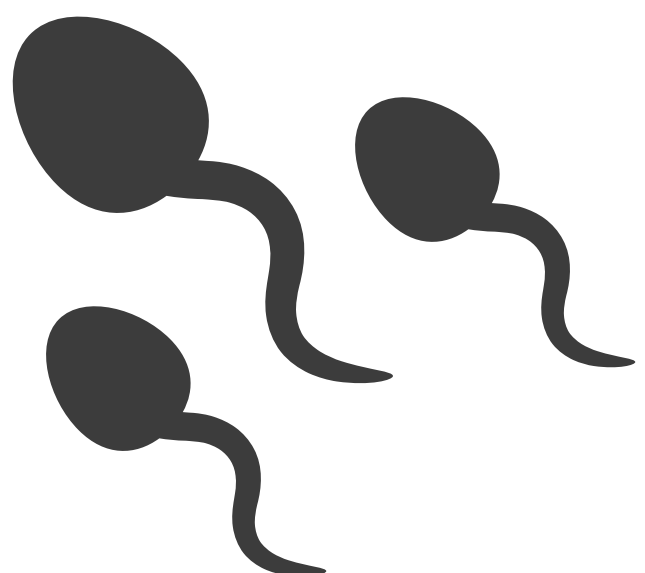


Puberty

- Physical responses of women.
- Recognise the importance of all women having access to sanitary products, clean water and private toilet facilities during their periods.

Puberty

- Physical responses of men.
- Explain positive strategies for supporting women during their periods.



Relationship and Sex Education Year 8

Subjects that will be studied in year 8



Body image

- Feeling good about the body.
- Analyse common things people do to try to change their appearance.

Sexuality

- Expressing sexuality.
- Stereotypes and prejudice.
- Gender equality.
- Homophobia and transphobia.



Sexual behaviour

- Consent; sexual decisions.
- How to reduce risk.
- Transactional sexual activity.

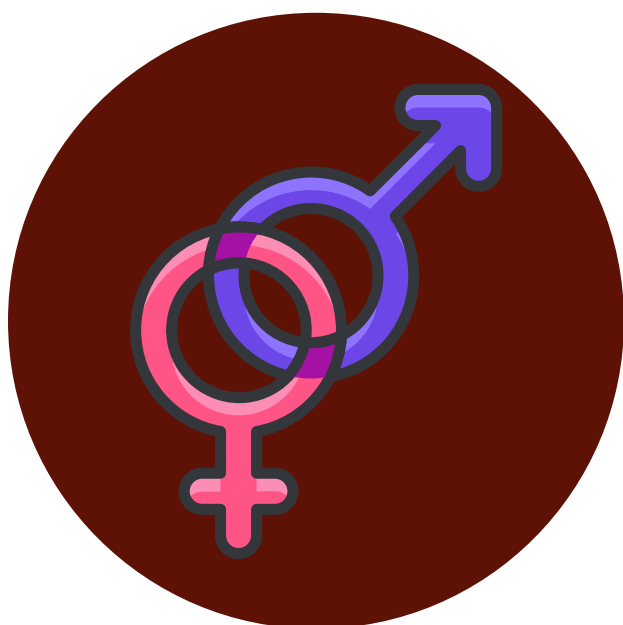
Pregnancy

- Steps for reproduction.
- Signs of pregnancy.



Relationship and Sex Education Year 9

Subjects that will be studied in year 9

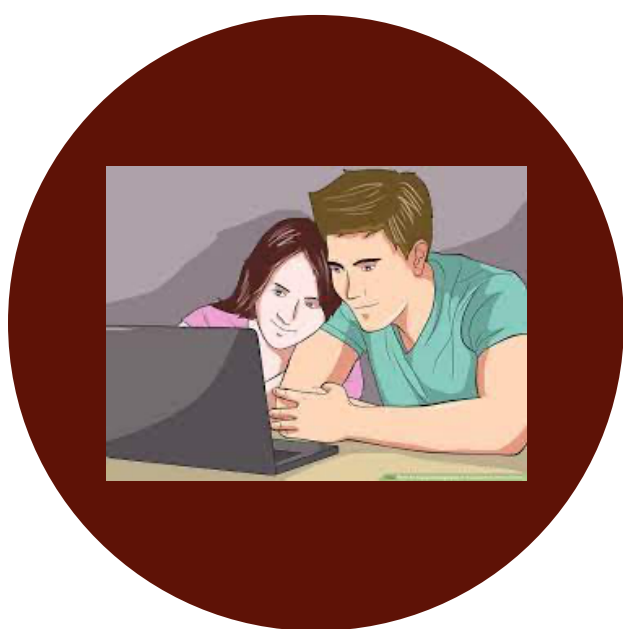


Sexual behaviour

- A way to avoid a negative impact on wellbeing.
- Informed choices.

Sexual exploitation

- Risks associated with transactional sexual activity.
- How to reject transactional activity.

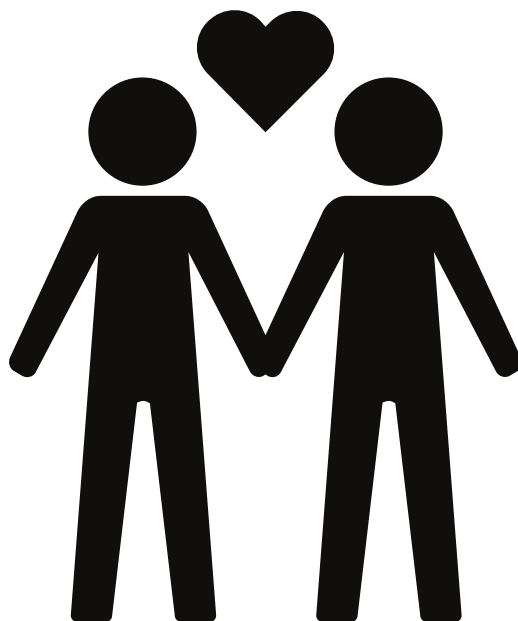


Pornography

- Sharing images.
- The negative impact of pornography.
- How to express feelings.

Relationships

- Healthy sexual relationships.
- How to look for help.
- Express and demonstrate love and affection.
- Becoming parents.
- Human rights; sexual and reproductive health.



Relationship and Sexual Education Year 10

Subjects that will be studied in year 10

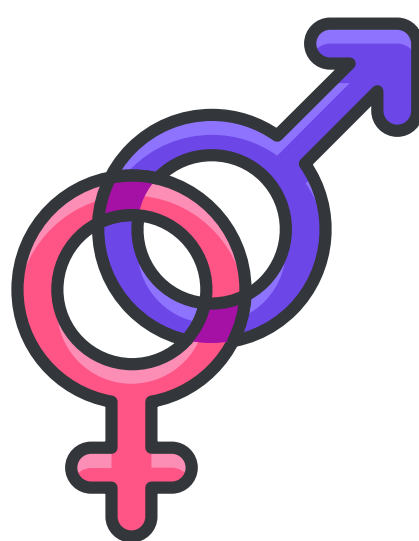


Body image

- Analysing stereotypes.
- Unrealistic perceptions of physical appearance.

Sexual behaviour

- Sexual responsibility.
- Good communication.
- Preventing pregnancy.



Consent

- Why consent is important.
- Understand how consent is given.
- The effect of alcohol on consent.

Pornography

- Unrealistic expectations.
- Reinforce stereotypes.
- The impact of pornography on self-image, confidence and respect.

