



YSGOL DYFFRYN CONWY

Pennaeth / Head : Miss Elan Davies

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www.ysgoldyffrynconwy.org



Dear Parent/Guardian

Food Allergies

You will be aware that food allergies are a growing concern in educational establishments throughout the UK and Ireland. Individuals who are affected with a food allergy may suffer a severe or even fatal reaction if they eat, or, in some cases simply come into contact, with a food or ingredient that they are allergic to.

The health and safety of every child and young person in our care is very important to us and we are asking you to help us to provide a secure educational environment.

Please complete the Food Allergy Information Form [attached] in full as soon as possible. You will need to return it to [Ysgol Dyffryn Conwy, School Bank Road, Llanrwst or cyff@dyffrynconwy.conwy.sch.uk] at least **3 weeks** before the start of the new term.

What do I do if my child/young person does not have a food allergy?

We are asking all parents/guardians to complete and return the Food Allergy Information Form even if your child/young person does not have an allergy.

What do I do if my child/young person does have a food allergy?

If your child/young person does have a food allergy, you will need to provide us with a written medical assessment of their condition from either a doctor or a dietician. This information is essential to ensure that your child/young person is provided with a diet that is suitable for their food allergy and that does not unnecessarily restrict their diet. For example:

- *"I am allergic to eggs"*
This could be an allergy to raw egg, cooked egg or foods containing egg. A letter from a doctor/dietician will help to clarify the food allergy;
- *"I am allergic to nuts"*
There are different types of nut allergies so it is important to understand the type of nut (for example hazelnuts, Brazil nuts, almonds, pine nuts etc.) your child is allergic to specifically

We will keep a record of your child/young person's Food Allergy Information Form to use in the event of a medical emergency. We will share details of any food allergy assessments with Sodexo Limited who provide our catering.

Sodexo was established in 1966 and is a global leader in providing high quality catering services. Using their experience and a team of well-respected dieticians, Sodexo have developed robust food allergen management procedures to manage your child's/young person's dietary requirements.



[Type text]

If your child/young person has a food allergy and you do not return the Food Allergy Information Form together with a doctor/dietician's assessment where necessary, **your child/young person will be given a restricted diet which our catering partner Sodexo believes is unlikely to induce any allergic reaction** i.e. a plain jacket potato unless you have indicated your child/young person is allergic to potatoes. When you have been able to provide a doctor/dietician's assessment of your child/young person's condition, we will be able to offer them a wider menu appropriate to their needs.

Keeping us up to date

Please ensure that you inform us if your child/young person develops a food allergy, or if there are any changes to their existing allergy. Before any altered diet can be provided, you will need to provide us with a written medical assessment of their condition from either a doctor or dietician.

You will find attached some more information that you may find useful.

If you have any questions please contact the school.

Yours faithfully

Elan Davies
Headteacher



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Arts Council of Wales

Cefnogwyd gan
Y Loteri Genedlaethol
trwy Gyngor Celfyddydau Cymru

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