



**Week 1**

**Monday**

Chicken Rogan Josh  
Chicken Korma  
Quorn Rogan Josh

Turmeric Rice  
Bombay Potatoes  
Mixed Salad & Coleslaw

Mango Cheese Pot

**Tuesday**

Open Pork Burger  
Potato Wedges

Margherita Pizza  
Corn on the Cob  
Potato Wedges

Halloumi Kebab with  
Ratatouille  
Potato Wedges  
Mixed Salad & Coleslaw

Chocolate Beetroot Cake

**Wednesday**

Barbeque Pulled Pork in a  
Bun  
Mixed Salad & Coleslaw  
Barbeque Baked Beans

Southern Fried Chicken  
Garden Peas & Carrots  
American Potato Salad

Southern Style Halloumi  
Burger in a Bun  
Mixed Salad & Coleslaw  
American Potato Salad

Apple Crumble & Custard

**Thursday**

Roast Turkey & Stuffing  
Roast Potatoes  
Broccoli & Carrots

Roast Quorn Fillet & Stuffing  
Roast Potatoes  
Broccoli & Carrots

Jacket Potatoes

Frozen Strawberry Yoghurt

**Friday**

Breaded Pollack   
Hot Dog  
Quorn Hot Dog

All served with Chips, Baked  
Beans, Mushy Peas or  
Spaghetti

Ice Cream



Cert.No.MEP-C-089



## Week 2

### Monday

Traditional Lasagne  
Mixed Green Vegetables  
Mixed Salad

Quorn & Vegetable  
Bolognaise  
Tomato & onion Basil Salad  
Coleslaw

Southern Baked Chicken  
Wrap & Garlic Mayonnaise

Strawberry Frozen Yoghurt

### Tuesday

Sweet Potato Cottage Pie  
Garden Peas & Sweet Corn  
Sautee Leeks

Margherita Pizza  
Potato Wedges  
Mixed Salad

Ricotta & Spinach Lasagne  
Mixed Salad & Coleslaw

Berry Yoghurt Mousse

### Wednesday

Moroccan Chicken Flat Bread  
Braised Rice  
Mixed Salad & Coleslaw

Beef Meatballs in Tomato  
Sauce  
Braised Rice  
Mixed Salad & Coleslaw

Moroccan Vegetable Tagine  
Rice, Salad & Coleslaw

Chocolate Cake & Chocolate  
Custard

### Thursday

Roast Pork & Stuffing  
Roast Potatoes  
Savoy Cabbage & Carrots

Macaroni Cheese  
Mixed Salad & Coleslaw

Quorn Filet & Stuffing  
Roast Potatoes & Vegetables

Chocolate Krispy Cake

### Friday

Breaded Pollack   
Fish fingers  
Pizza

All Served with Chips Baked  
Beans, Spaghetti, or Mushy  
Peas

Ice Cream



Cert.No.MEP-C-089



### Week 3

#### Monday

Piri Piri Chicken with  
Rice  
Mixed Salad &  
Coleslaw

Chicken Pitta Burger  
Potato Wedges  
Mixed Salad  
Coleslaw

Vegetable Pizza with  
Ricotta  
Wedges & Coleslaw  
Mixed Salad

Apple Crumble &  
Custard

#### Tuesday

Pork sausages & Gravy  
Garden Peas & Sweet Corn  
Sautee Leeks

Turkey Bolognaise  
Sweet Corn  
Mixed Salad

Quorn Vegetable Bolognaise  
Mixed Salad & Garlic Bread

Berry Yoghurt Mousse

#### Wednesday

Korean Style Stir Fried  
Chicken Noodles  
Mixed Salad & Coleslaw

Phat Pasty Sausage Roll  
Creamy Mash

Korean Style Stir  
Fried Vegetables  
Noodles  
Mixed Salad & Coleslaw

Carrot Cake

#### Thursday

Roast Beef & Yorkshire  
Pudding  
Roast Potatoes or  
Mash potato  
Savoy Cabbage or Carrots

Quorn Fillet  
Roast Potatoes  
Or Mash potato

Savoy Cabbage  
Carrots

Jacket Potatoes

Fruit in Jelly

#### Friday

Breaded Pollack   
Cheese & Tomato  
Pizza

All Served with Chips  
Baked Beans, Mushy  
Peas or Spaghetti

Ice Cream



Cert.No.MEP-C-089



Cert.No.MEP-C-089